

# SCOPE

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## Devotion and Enthusiasm

A Journey of Pursuing Dreams

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# Our Voice

**Winnie Wong**  
Chairperson, School Magazine Society

This is the sixth issue of Scope. I am so honoured to speak to you again. Firstly, I would like to thank you for all of your support of the past issues. We hope you will enjoy this edition and stay updated with the latest news around the campus.

In this issue, we will have 'Our Pride' featuring two inspiring interviews. I believe you can absolutely gain something by reading the stories of our two alumni, Mr. Chow Wing Hei and Mr. Victor Leung. Mr. Chow's story is the cover story of this issue. How much do you know about board games? Has it ever occurred to you that they can be merged with social work? You can definitely know more about them by reading Mr. Chow's story.

'Our Moments' tells you the news of our campus. I believe all the form four students had a great experience in the talent show. We can recall their remarkable performance and immense effort in this issue. As for our dance team, it achieved excellent results in the dancing competitions this year! You can also learn more about this in this issue. Apart from annual activities like Gospel Month, Athletics Meet and Farewell Assembly, this edition also follows the various extracurricular activities that have taken place so far. There are sections about the

moot court, the girls' basketball team as well as students' sharing on the Whampoa Youth Military Training School. Furthermore, this edition also includes details about the Information Day. In 'Our Style', we help you catch a glimpse of the dubbing industry and some inspiring movies. Moreover, 'Our Friends' will surely catch your eye with our teachers' photos which were taken when they were travelling. You can get to know more about their unique travel experiences. Also, I believe that you still remember our exchange programme with St. Mark's School, right? Let's read the shared thoughts of some students.

Last but not least, there are some incredible works by our students in 'Our masterpieces', including photos and writings.

I really hope you enjoy reading our work and I would like to say thank you again for your subscription. You are welcome to send us feedback which is truly valuable to us!

Please kindly note that Scope will be published annually from next school year onwards. A richer content will be waiting for you in every issue. Please continue to give us your support!

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## —— 透明眼鏡看到的世界 ——

# 周詠禧平凡的夢

「我希望世界能變得更美好一點」。這是他一直以來努力的目標，也因為這個心願而令他踏上了這一條改變他一生的道路……

### 從遊戲到輔導

周詠禧（下稱阿禧）中七那年，立志擔任能影響別人，且和自己性格相符的社工一職。大學畢業後，他旋即投身社工工作，至今已在青少年中心工作八年，主要負責青少年的輔導工作。和大部分人所認識的社工的工作情況不同，阿禧通過桌上遊戲（board game）和他人溝通，理解不同背景的人的想法，發掘每一個被社會忽略的青少年的長處。

桌上遊戲本身沒有特定的含義，但通過一班社工們的挑選和詮釋，幾百款不同的遊戲都被賦予了不同的意義。阿禧通過和青少年或身邊的朋友玩桌上遊戲，帶動他們講述自己內心的想法。最簡單的例子是他們能通過一張簡單的繪圖卡片，認識青少年的內心是悲觀還是樂觀，再通過鼓勵和提問去帶出他們內心的煩惱；更有一些簡單的桌上遊戲可作為「頭盤」（前菜）放鬆各人的心情，亦可練習手部的肌肉能力。





阿禧用兩個圓形來比喻社工的三個工作層面，一個大圓形套着另外一個，內裏包括個人問題、環境／制度問題、人和環境的互動問題，如家庭和父母之間的矛盾。當人和身處的環境產生不融洽時便會有負面情緒，而社工的工作便是調解兩者之間的矛盾和解決問題。阿禧認為現今社會是偏向補救性的，總是在問題出現後解決問題而較少預防問題的產生，然而自己所負責的工作除了補救和輔導有需要的青少年外，更要發掘他們內在的長處。

## 不同角度的理解

每一個青少年在阿禧眼中都是獨特的。無論是校園中那些平平無奇被人淡忘的「中層」（意指非最精英或非最頑劣的學生），還是那群被標籤為「壞學生」，抑或是每天和訓導老師「聊天」的學生，他們也有自己與眾不同和令人佩服的一面。曾經有一個令他印象深刻的中四學生，英文極差，連字典也不會查，但為了玩一個沒人懂的桌上遊戲，把整份說明書翻譯了，還教會其他人如何玩那個遊戲。這看似簡單的一件事，卻令阿禧重新認識那個青少年。而中四、五時期的阿禧突然愛上了哲學，通過閱讀不同的書籍，發現每件事都有不同的理解角度，踩著這樣的思想基石，使踏上了社工這條路的他越發成長。

當他被問到通常接觸的青少年都有着怎樣的問題時，阿禧答道：「就是『你』這個問題」。這樣的答案令採訪者摸不著頭腦。他笑着解釋，社會上大部分人都認為需要和社工交談的人是有問題的，但這個想法在本質上已有問題。八年的社工經驗令阿禧不停的思考所謂的問題青年——以過度活躍症的學生為例，他們被冠上標籤只是因為大部分人不是如此，知識性社會要求學生上課專心，便導致了「過度活躍症」的產生。若在農村，過度活躍症的青少年並不會被標籤為問題學生。故此，在阿禧看來，有問題與否都是取決於社會大部分人的觀點，而自己的職責便是幫助那些所謂有問題的青少年，幫助他們解決所謂的「問題」後，發掘長處並重拾信心，而他之所以能做到這些，皆因能從另一個角度去理解他們。

社工雖說是一份工作，但對於阿禧來說，社工更是一種生活態度。除了工作時間外，他也嘗試在不同的時間和事件中理解青少年。在幾個月前的雨傘運動中，阿禧以一個市民的身份參與其中，在和青少年的交談中，他突然意識到，青少年不再是社會未來的棟樑，而是現在的棟樑。而且他更從中反思和改變了自己對於青少年的態度，從起初以專業姿態、較高的姿態和他們交流，到後來學會在不同的情況下改變該有的態度，或高或低，或平起平坐，一視同仁。



### 校友小檔案：周詠禧

2001 年  
銀禧中五畢業

2003-2004 年  
修讀香港城市大學社會工作副學士學位

2004-2007 年  
修讀香港浸會大學（榮譽）學士學位

2007 至今  
於香港聖公會馬鞍山青少年綜合服務中心工作

2012 年  
獲得新秀社工獎



## 專業？不專業？

「專業地不專業」，是一句被阿禧重複提起，而且叫人似懂非懂的話。他認為社工不需要有多本事，亦不需要多專業，社工幫助青少年解決問題，但這全是「治標不治本」，問題還是會重複發生，唯有提高他們本身的能力，令青少年變得「專業」，才能避免重蹈覆轍。代入對方的角度思考問題，這便是阿禧一直堅持的輔導方式。擁有同理心令他學會聆聽、理解、思考及回應。這些所謂的技巧無論是專業的阿禧，還是不專業的我們，在面對身邊人有煩惱的時候，都是可以借鑒的法寶。

和青少年的交流不僅讓阿禧認識了他人，認識了社會，也令他再一次瞭解自己。阿禧曾這樣說道：「越認識自己，理解自己，便會越理解他人。」漫長的人生路總會有跌跌碰碰，但開朗外向的他總學着接納那些高低起伏，因為人生不是永遠順利的。在不開心的時候，他不會逃避又或者刻意解決自己的情緒後再去輔導別人，反而是接納自己的情緒，因為自己不開心的時候才能更加的理解和明白其他人。他總是用「不專業」的情緒做着「專業」的事，樂觀的情緒反而更能深入到青少年的心中。



## 後記

阿禧一直堅持着心中的目標和夢想，在這條助人助己的道路上，社工給予他一副不一樣的眼鏡，阿禧透過它，從另一個角度看到了青少年的內心。「同理心」，說來簡單，但又有多少人可以真真切切地把它運用在生活中。總是歡笑的他帶給採訪者的不僅是積極向上的態度，更有接納包容、思考和理解。堅守自己的夢想不斷努力，即使不能令他人有巨大的改變，微小的改變亦給予他力量繼續前行，就這樣，用與眾不同的方式感染他人。

## 花絮

採訪過後，阿禧邀請我們一起玩桌上遊戲，一些簡單的遊戲不論輸贏帶來的都是輕鬆的快樂。但通過某個卡片遊戲，一個平時樂觀開朗的同學突然道出了自己心中壓抑很久的想法，那不為人知的傷感和負面的情緒，原來平日我們對她並不瞭解。我們也驚歎於桌上遊戲的魅力和神奇之處。





編輯：陳雅婷

採訪：葉倩瑩、廖天明

撰文：張瑋妮

# 「妙手仁心」

——梁鎮堯

是次人物專訪對象為 2012 年畢業生，末代高考精英梁鎮堯（Victor）曾擔任我  
校學生會會長，現今正就讀港大醫學院，今次有幸專訪他，分享他對以前、現在、  
未來的所思所感，希望藉此為同學們帶來裨益。





## 「人生若只如初見，何事秋風悲畫扇？」

梁師兄回想昔日在銀禧生活的點點滴滴之時，他坦言相比現時大學的生活，中學生涯一切的回憶較為刻骨銘心，值得回味。他指出昔日在銀禧有兩件最深刻難忘的事：一是負責學生會事務，二是參與學校的運動日。

在負責學生會事務上，梁師兄認為最令他難忘的莫過於舉行歌唱比賽以及籌辦就「三一」地震而設的週會。學生會既要解決舉辦不同活動上的執行問題，又要為突如其來的大地震（當年在剛考試後的一、兩天）籌備周會。他表示十分感謝學校給予自己機會擔任學生會會長，使他舉辦不同的活動，親力親為籌備一切事務，從零開始建構。作為學生之首，他理所當然要為同學反映意見，亦要帶頭牽動學校的氣氛。

除此之外，梁師兄最懷念的可算是自己以前在運動日為社爭光的那份榮耀。運動場上的拼鬥、青春時期所揮灑的汗水——那段樂在其中的回憶，經歷後倍覺回味無窮，他更表示當年陳美英老師作為其社顧問老師，一同為社喊口號，令他深深感到一社團團結的氣氛，令人熱血沸騰。

## 「可惜沉醉回憶美好， 無奈活在現實難耐」

中學與大學的生活相比，銀禧的校園生活帶給梁師兄更多的快樂，更多美好的回憶。他直指中學和大學的分別在於群體和個體上，中學是一個群體生活，而大學是一個個體生活，相對較獨立。他認為在銀禧裡自己與老師同學的關係，比大學簡單、直接、毫無機心，坦言在大學不能認識到幾個知心好友，慨嘆在大學「知己難求」。而大學老師與同學的關係亦不似銀禧時期般親密，大學老師亦不如銀禧老師般親切：在課後會一對一親身教授要點，所以他衷心感謝當時銀禧各位老師給予的關懷愛護，用心良苦的一一指點，



### 校友小檔案：梁鎮堯

2012年 入讀香港大學醫學院

2011年 銀禧中七畢業（末代高考）

2010年 學生會會長



為他在知識層面上奠下一個近乎完美的基礎，使他能在今日輕鬆學習。很多人指出，大學學習氣氛較自由輕鬆，沒中學時期為著大學的「入門券」而緊張，但事實並非如此。相較之下，大學課程是較中學的辛苦很多，尤其是醫科。因為醫科的競爭很大，同學們對成績都很執著、很緊張，成績影響著實習、畢業資格，更影響他日執業行醫之路，故此「大學校園生活」真的挺辛苦，而梁師兄更用「挨」一字來形容他在大學學習的經歷。

現在梁師兄的目標是要成為一個政府公立醫院的醫生，你可能會問：「為何師兄不去做高薪厚職的私人診所醫生，反而去做工作時間既不穩定，薪酬又較低的公立醫院醫生？」其實梁師兄早已到一些私人診所實習，發現私人診所的醫生並不適合他。他覺得診所面診單一，大多都是小病小癢，傷風感冒，略嫌這類工作有點苦悶，且不能發揮自己的能力與實踐抱負。相比之下，政府醫院的挑戰性和職業的趣味程度較符合他的理想，因而訂定這為其前途目標，努力前進。



120 人中的 30 名幸運兒之一。他表示當自己坐在禮堂裡，聽宣讀原校升讀的名單時，感到無比的恐懼，生怕自己會是落選的一員；當他聽到自己成功後，他最先有的感受並不是開心，而是自感僥倖。自此以後，他恍然大悟，明白一次幸運只不過是上天的憐憫。要把握機會，全力以赴，做到最好，為目標奮鬥。他又認為高考較現時 DSE 好，因為考生有兩次機會。現時制度下，學生只有一次機會，是「一試定生死」。部份同學未察覺到 DSE 其實決定了自己未來，以至未有重視，當明白時為時已晚。

### 「路漫漫其修遠兮，吾將上下而求索」

梁師兄直言當年高考全賴當時一群好同學互相支持互相鼓勵，在良好的學習氣氛中才能共同努力，共創佳績，非單靠老師的教之不倦，而是靠學習氣氛促使一個人進步，從而一個求學的過程中尋找到一個目標、方向，才能「向著標杆直跑」，努力邁步人生路。

當談及讀書心得時，他坦言勤力，認清目標以及學習風氣是十分重要。同學應不斷操練歷屆試卷，藉此明白答題技巧，以免考試時明明是懂的，但卻因沒答重點而失去分數。此外，在大學裡英文很重要。即使在銀禧獲得不錯的成績，但在大學面試時，英文能力不好，面試時仍會吃虧。當我們選科時，我們應考慮自己的能力、興趣和前途。如果對科目有疑惑，應多問師兄師姐，大部份的前輩也樂於解答問題，對科目有更多了解，才能避免選錯科目以至將來後悔。

「不恥最後」。魯迅先生曾在《最先與最後》一文指出，即使慢，也應馳而不息，縱令落後，縱令失敗，但一定可以達到你所朝向的目標。憑著努力不懈，鍥而不捨的精神，為目標而奔跑，為理想而奮鬥，筆者期望透過梁師兄的經歷，啟蒙同學訂立人生目標，追逐各自的人生夢。

他對醫院的工作亦有一些個人感悟。他透過醫院裡的病人明白到要珍惜時間，更要珍惜身邊的人。有一些長者身邊已沒有親人，只剩下自己一個，才驚覺原來時間真的過得很快，一下子身邊什麼人都沒有了。其實我們很容易忽略身邊的人，尤其是人長大了，如自己上了大學後，住了宿舍後較少回家，與家人相處的時間少了，關係亦較以前疏離。

### 「勤學如春起之苗，不見其增，日有所長；輟學如磨刀之石：不見其損，日有所虧」

梁師兄談及個人對自身前途理想、未來目標後，多番寄望同學要好好努力讀書，不斷不懈學習，不恥下問，力求改變，尤其中三以前要訂立一個目標！學弟、學妹們，不需要一定偏重於日後的職業工種，而是按照自己的興趣和能力，選擇適合自己的科目，訂立目標考進某所大學。他以自身例子講述自己作為末代高考生，在最後一屆會考中有幸原校升讀，成為



Editor: Doris Wong 5E  
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# Moot Court

Among 30 schools in Hong Kong, our school stood out as the first-runner up in the Hong Kong Secondary School Moot Court Competition 2014-15. The team members' efforts paid off as they have prepared for this programme for 4 months since December 2014. Let's see how the moot court works!



Judge



Court Clerk

The hard part of playing as a witness was memorization of every single detail of the case. I couldn't hesitate when I made my statement, or else it would sound unconvincing!

**Halley Kao 5E**



Witness

Defence Counsel



It's amazing that I had the opportunity to sit in a real court. It has enriched my exposure to the law and enhanced my interest in the judiciary field.

**Lee Arthur 5D**

Prosecutor

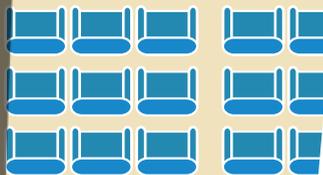


Immediate response was crucial in court as a prosecutor as we had to lead the witnesses so that the accused would be proved guilty. It's requisite for me to study the entire case thoroughly.

**Debbie Yeung 5D**



Accused





Editor: Bonnie Chan 4C  
Reporters: Cathy Tong 4B, Simon Kwong 3E  
Photos: Photography Club

# F.4 Talent Show



4A

All F.4 classes participated in the Talent Shows on 15 January 2015, which aimed at enhancing students' generic skills and sense of belonging. The performances were entirely created and executed by the students who showcased diverse talents such as singing, instrument playing, dancing and acting.

4C's amazing performance awarded them three prizes, namely the Best Script, Most Innovative and Excellent Values Delivery. The Best Performance and Best Cooperation awards went to 4E and 4B respectively.



4C

4D



4E

Directors from the F.4 classes told us that organizing a talent show, such as writing the script and designing theatrical effects, was no easy task, "yet, all the hard work had paid off as all our class members have had an unforgettable experience." Charmaine Wong of 4A said. Vanessa Liu of 4D also shared her thoughts on the show, "the show was a platform that not only allowed students to showcase their talents to others, but more importantly, themselves."



4B



Editor: Zoe Lee 5E  
Reporters: Anthony Liu 3B, Ivan Tsang 3E  
Photos: HONG KONG SWARGAME CLUB



# ▶▶▶ Whampoa Youth *Military Training School Exchange Programme*

Train Hard, Learn Hard!



Do you value self-discipline and sense of loyalty as a person's essential qualities? If your do, military training may be your answer. From 19 to 21 December 2014, some of our schoolmates joined an exchange programme to Whampoa Youth Military Training School. During the three-day camp, students were required to complete a series of physical training.





Ryan Cheung of 1E said it was a memorable experience because he had learnt the importance of teamwork and perseverance, “the foot drill training was most unforgettable because it’s unprecedented to me. The training was so demanding that there would be punishment like push-up exercises if we missed one step.” Ryan also recalled the unique showering rule with laughter, “it was strictly restricted that a total of twelve people should take a shower at the same time.”

To develop better leadership skills was also a motivation for students to join the programme. Anson Ng of 5D wanted to challenge himself through adapting to an utterly harsh environment, “at first, I was frustrated by the discourteous speaking tone of the drillmasters at the camp. I even thought of quitting. Fortunately, my teammates kept encouraging me. They kept me going.” As a senior form student, Anson was responsible for refilling rice and soup for the junior teammates during meal times. “I have learnt to take care of others and treasure the team as a whole.” He described the training as a really unforgettable experience in this secondary life.





Editor: Bonnie Chan 4C  
Reporters: Christy Cheung 5B, Angel Chow 5B  
Photos: 51st School Dance Festival

# Salute to *Jubilean* DANCERS

2014/15 is a fruitful year for our Dance Team. They have won three Honour Awards, which are the highest level of awards, in the 51st School Dance Festival. We take pride in our Jubilean dancers who have shown diligence, stamina and determination both preparing for and during the competition.

## Ada Chan 5A Chairperson of the Dance Team

I have joined BHJS Dance Team since F.1 and this is the last year for me to take part in the inter-school competitions. I am so grateful that our hard work paid off.

As a chairperson, I found that being a leader is not an easy task, especially in building a sense of unity among the whole team. Being a leader is also stressful, but I am really thankful that I have got a lot of help from my teammates. I enjoy every moment practicing and competing together with my team. I hope that the Dance Team will keep on trying our best and, most important, enjoying dancing.





**Eunice Au 4B Vice-Chairperson of the Dance Team**

The Dance Team is always the best place for me to alleviate my stress and learn from our fellow teammates who are passionate and versatile. Participating in different competitions and performances also helps us to broaden our horizons and learn to overcome difficulties.

This year, the Dance Team has helped me grow as a leader. I will treasure all the precious memories shared with my team and try to create more in the future.

**Helen Lau 4D Member of the Dance Team**

Training sessions are harsh and exhausting for any Dance Team members. We have to practice twice a week and each session takes at least two hours. Despite the tiring practices, I have never regret joining the Dance Team because dancing is where my interest lies. I have also gained precious friendship with my teammates who share and understand my happiness and sadness.

I would like to give a big thank you to those who have encouraged us through the course. We promise that we will keep on improving and striving for the best.

Our Recent Achievements			
Name of Competition	Type of Dance	Name of Dance	Award
51 <sup>st</sup> School Dance Festival	Group	喜鵲	Honour
	Group	紅燈籠	Honour
	Trio	苗鈴	Honour
	Trio	花語春曳	Highly Commended
50 <sup>th</sup> School Dance Festival	Group	走在山水間	Highly Commended
	Group	夢裡尋她千百度	Highly Commended
	Duet	同行	Highly Commended
49 <sup>th</sup> School Dance Festival	Group	紅是紅啊，綠是綠	Highly Commended
	Trio	同狐吟	Highly Commended





Editor: Doris Wong 5E  
Reporters: Anthony Liu 3B, Ivan Tsang 3E  
Photos: Girls' Basketball Team



# Girls' Basketball Team

## One Team, One Dream

Cooperation is the key to success for a team, especially for a basketball team which consists of dozens of young athletes. Our Girls' Basketball Team undoubtedly had that KEY in hand as they achieved excellence in the HKSSF Inter-school Basketball Competition 2014-15, winning 1st runner-up, 2nd runner-up and fifth position in B, C and A Grade levels respectively.





Luffy Ma of 4E, the team leader of Girls' B Grade Basketball Team, said that the whole team had worked very hard practising and it was all worth it, "long time practices are not easy, but the girls persisted in attending every training session." The girls confessed that although disagreements were inevitable, they would always resolve the issues through discussions and compromises. It showed that the team members respected each other and took the team's wellbeing as their first priority.

Upon attaining fantastic results when their competitors came from the best school teams in Hong Kong, Luffy had the following comments, "we were head over heels! At the same time, we were glad that we had learnt a lot from our opposite teams and grew even stronger by reviewing our strengths and weaknesses." Go girls! Keep on fighting!





Editor: Doris Wong 5E  
Reporters: Amy Fu 2B, Chloe To 2B  
Photos: Jackson Leung 5E

# Cheer for the Athletics Meet

The two-day Athletics Meet was held on 5 and 7 January 2015 in Kowloon Tsai Sports Ground. Apart from the thrilling sport events, the cheering team performances have also become a highlight of the annual sports event. Do you want to know more about their spectacular performances? Let's go behind the scenes with the cheering team leaders from the four houses!



## Candy Ho 3D Red House



I felt overwhelmed when I knew that I was chosen as the cheerleading team leader for Red House. As an F.3 student, I found it challenging to lead a team of this size. For example, it was hard for me to persuade others to join the team when my housemates were not as enthusiastic about dancing as I had hoped. However, it was an unforgettable experience for a young dancer like me, even when I was struggling to tackle the obstacles. If I was to be given the opportunity, I really hope, and also believe, that I will be able to lead a better performance next year.



### Ada Chan 5A Green House ◀◀◀

As I am the Chairperson of our school Dance Team, I was familiar with choreographing and coaching teammates to learn new dance moves. However, being the cheering team leader for Green House was still a new challenge to me because the members were usually new to dancing. I believe that, to be a good leader, it is requisite to be patient and take good care of all your team members, so I have spent quite a lot of time coaching the whole team. I also hope that I can help bring up a splendid performance in the inter-house talent show competition.



### ▶▶▶ Rita Cheung 5B Blue House

I think our performance in the Athletics Meet was out of our expectation, but there was still room for improvement. One of the reasons was that we did not have enough time to practise when compared with the practice time last year. Some of the boys in the team also found it hard to follow the designated steps and it left me frustrated at the time. However, I was grateful that our team worked together and pulled it off on the big day.

### Karly Cheung 4B White House ◀◀◀

I felt anxious after being chosen as the cheering team leader of White House. It was stressful as this was the first time for me to lead a cheering squad and I wanted my house to perform well! For sure, there have been difficulties during the practices, such as teaching my housemates the dance moves. We finally overcame the obstacles and it was, all in all, a great experience.





Editor: Bonnie Chan 4C  
Reporters: Simon Kwong 3E, Cathy Tong 4B  
Photos: Photography Club

# Farewell Assembly

The Farewell Assembly was a slideshow of our F.6 students' school lives in BHJS which were filled with happiness, melancholy, hopefulness, or maybe sometimes, confusion. The event was very meaningful for every Jubilean because secondary school lives will always be a part of us and cannot be easily disregarded.





### Wong San Yu 6D

It has been some time since our Farewell Assembly when I am writing this, though it feels like it was just a few days ago. As one of the executive committee members for the graduates, I was responsible for preparing the Farewell Assembly. The preparation work was not easy as everyone was busy studying for HKDSE. We could hardly gather together and practise for the sharing performance. However, we are grateful that we have had such a chance to say thank you to all teachers and express how reluctant we are to leave the BHJS family.

### Kenny So 6B

Indeed, I didn't realize how important the Farewell Assembly would be to me, until the day I was on the stage saying thanksgiving speeches to the whole school. It was the moment that I started to look back on my school life, my teachers, my friends and everything in this campus that I cherished. "Farewell" is different from "Goodbye". Although it has only been six years, memories last forever. I am already looking forward to the day when I come back to BHJS again in the decades to come.

### Wannie Chung 6D

When I was participating in the Farewell Assembly, I lamented that my school life had just passed. The assembly was a chance for me to review every fragment of my school life. In spite of the reluctance at leaving BHJS, I have blueprints for my future and cannot wait to see how it will end up to. I hope the emotions of my classmates can be transmuted to be the catalyst for future reunions.





Editor: Zoe Lee 5E  
Reporters: Angel Chow 5B, Christy Cheung 5B  
Photos: Jackson Leung 5E

# 神回覆

青山聖彼得堂助理牧師  
劉子睿牧師



*Pastor Lau delivered God's message to the whole school during the Gospel Assembly.*

## Gospel Month

The Gospel Month has always been one of our annual highlights. Let's take a look at this year's events!

### Ryan Chung 5C Chairperson of the Christian Union

Gospel month, held from 9 to 23 January 2015, aimed at sharing God's message with Jubileans through various activities. This year, our theme was 'God's Reply 神回覆'. We hoped to create a better ambience for Jubileans to come forward and accept God.



*Christian Union members greeted schoolmates a good morning with hymns.*



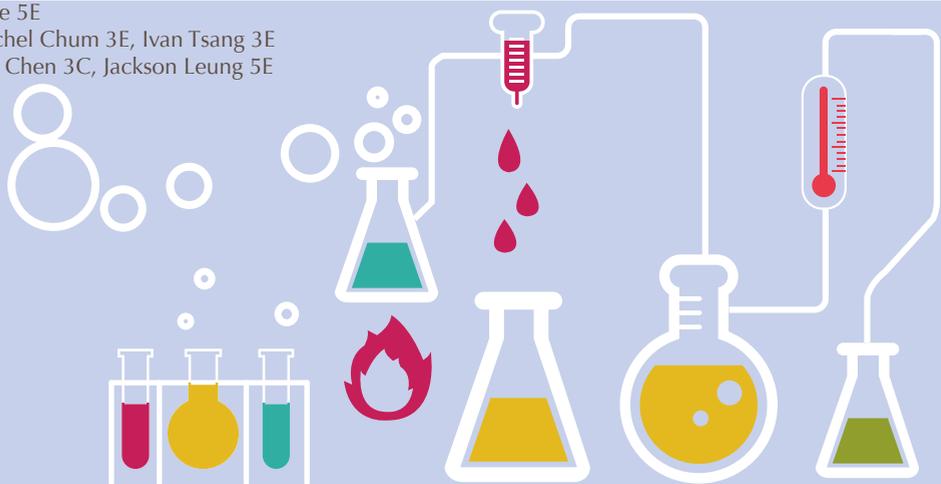
*Teachers and students spread Gospel through singing together during lunch time.*



*A magician combined God's message with a magic performance.*



Editor: Zoe Lee 5E  
Reporters: Rachel Chum 3E, Ivan Tsang 3E  
Photos: Oscar Chen 3C, Jackson Leung 5E



# Information Day



An artificial rainbow was created by the neutralization of acid and alkaline.



Students in the Chemistry Laboratory are making glasses, which visitors could bring home as souvenirs.



Glowing splint is used to test the presence of oxygen in the "Elephant toothpaste".

Our school Information Day, held on 12 and 13 December 2014, was highly appreciated by visitors thanks to the coordinated effort by student helpers and teachers. The event enabled visitors to know more about BHJS by a large variety of activities, including laboratory demonstrations, art workshops and sports exercises.

Information Day also provided Jubileans with unique learning experiences. Zoe, one of the student helpers in Biology Laboratory, was assigned the task of demonstrating the Brine shrimp under the microscope, "I think this was a good opportunity for me to build up my confidence as I needed to explain how the microscope functioned and what Brine shrimp was to an array of visitors."

Zoe also felt excited to try putting Brine shrimps under the microscope. "It was my first time to put Brine shrimp, which are very tiny, under the microscope. It was difficult to handle, but I finally succeeded after several practices!" Zoe exclaimed, "I hope the visitors have enjoyed the experience as much as I did!"





Editor: Karen Tong 5B

Reporters: Henry Chang 3E, Maxy Xiao 3E, Kelly Yung 3E



# Dubbing Industry-Lessons

Dubbing is a post-production process used in filmmaking and video production, in which human voices or supplementary recordings are “mixed” with original production sound to create the finished soundtrack. For a dubbing artist, speaking in different tones and accents while sitting still for hours is no easy task. What then actually makes them to persist despite the challenges?

*‘Life is either a daring adventure or nothing at all.’*

- Helen Keller

For Lam Pou-chuen, the deceased voice actor best known for voicing Doreamon, dubbing was never solely a profession, but was where he found his meaning in life. ‘The reason why I persist in dubbing is that I love new challenges every day.’

In the past, with less sophisticated technology, not only did the voice actors need to record their voice, but they also needed to make the sound effects by themselves. In the 21st century, however, sound effects are created by computers instead. Yet, Lam sighed, ‘Work was more challenging and exciting in the past.’ Without advanced technology, unknown challenges were there every day for voice actors. For example, they were responsible for making all the sounds in the film. Besides, they must try not to make mistakes during dubbing lest the entire team should have to start all over again.

Needless to say, dubbing can be stressful and demanding, nevertheless, the challenges do bring about some benefits to the voice actors. For example, they are trained to be more cooperative and focused while dubbing.

Challenges are not necessarily intimidating. They can actually be a motivational force to propel us forward.

With challenges, our lives can be painted with splendid colours.



Lam Pou-chuen: **Accept challenges**

Photo source: <http://ent.fanpiece.com/>



An interview with Lam Pou-chuen



*'Allow your passion to become your purpose, and it will one day become your profession.'*

*- Gabrielle Bernstein*



Clarence Charles Nash: **Make use of your passion**

Photo source: [http://fr.picsou.wikia.com/wiki/Clarence\\_Nash](http://fr.picsou.wikia.com/wiki/Clarence_Nash)

Complete Donald Duck

To most of us, the distinctive voice of Donald Duck is hardly unfamiliar. In fact, the well-known Disney cartoon character is dubbed by an American, Clarence Charles Nash.

Clarence Charles Nash was raised on a farm. For the purpose of seeking amusement, he, at a young age, had already developed an interest in imitating different animal sounds, such as those of chickens, frogs and different kinds of birds. One day, he received his final childhood pet – a baby goat named Mary. 'I was to feed her with a baby bottle. She would cry like a frightened little girl if I stopped feeding her,' recalled Nash. And soon, he found a challenge for himself – to imitate the sound of this baby goat. Having converted the sound into simple words, Nash performed it to

delight his classmates. He even shared this passion with children in local schoolyards and assemblies by entertaining them with his great variety of animal sounds.



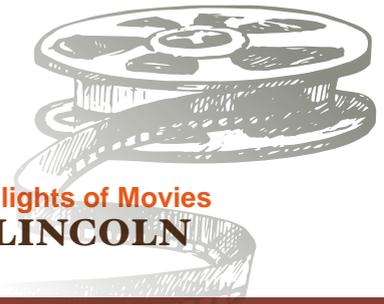
His passion, developed since childhood, turned into his career when his talent was recognized by Walt Disney. Nash was employed and soon made Donald Duck a household name. But here comes a fun fact: when he auditioned in the Disney Studios, he actually didn't use the voice of a duck. Instead, it was his goat voice which amazed his employer.

Nash's experience is proof that holding on to and making use of your passion can one day lead to your success.



Editor: Christie Chin 5B  
Reporters: Cyanea Lam 4D, Sia Siu 3E, Alice Ching 5E

# Movie Reviews



## ▶ Jumping within Nationalism and Evolution- Highlights of Movies The road to equality - SELMA and LINCOLN



### ◀◀◀ SELMA

Directed by: Ava DuVernay  
Starring: David Oyelowo, Tom Wilkinson, Carmen Ejogo  
Released on: 9 January 2015  
Photo source: <http://www.dvdsreleasedates.com/>

### LINCOLN ▶▶▶

Directed by: Steven Spielberg  
Starring: Daniel Day-Lewis, Sally Field, David Strathairn  
Released on: 9 November 2012  
Photo source: <http://wall.alphacoders.com/>



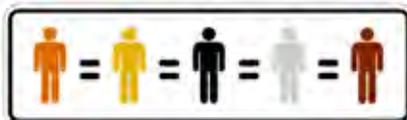
Immense social issues including slavery and racial discrimination against the Negroes existed in America. These social injustices used to play a prominent role in the American society and they seemed to many Americans at that time to be normal and acceptable. In the past few years, two movies were made to remember two of the most remarkable historical figures-Abraham Lincoln and Martin Luther King Jr. who were involved in dismantling those unreasonable class divisions. Both of them were assassinated after making their brilliantly righteous achievements.

### LINCOLN

With the likely Union victory in the civil war, Abraham Lincoln was concerned that the Thirteen Amendments, which aimed to suppress the slave trade in America, would be rejected by the returning slave states in the Confederate Government. Thus, fearing that the freed slaves would have to be re-enslaved, Lincoln found it necessary to pass the amendments by the end of the war. Lincoln triumphed over hindrances with great political skills and the amendment was eventually passed narrowly. Unfortunately, Lincoln was assassinated in a theatre a few months after the passage of the amendment.

### SELMA

The film begins with Martin Luther King Jr. getting his Nobel Peace Prize and then proceeded to the 16th Street Church bombing initiated by white supremacist terrorists, which killed 4 girls and injured 22 people. An ordinary black lady attempted to register as an elector in a 1960's vote in Alabama but was rejected by the registrar. Thus, King himself went to meet the President and asked for federal registration to allow black citizens to register to vote unencumbered. However, his appeal was turned down. King then travelled to Selma and marched to the registration office there to register with a number of black activists. David Oyelowo shines as King, delivering an inspirational speech on the steps of the State Capitol.





## Science Fiction - **TRANSCENDENCE** and **LUCY**



### ◀◀ **TRANSCENDENCE**

Directed by: Wally Pfister

Starring: Johnny Depp, Rebecca Hall, Paul Bettany

Released on: 10 April 2014

Photo source: <http://wall.alphacoders.com/>

### **LUCY** ▶▶

Directed by: Luc Besson

Starring: Scarlett Johansson,  
MORGAN FREEMAN, CHOI MIN-sik

Released on: 25 July 2014

Photo source: [www.hdwallpapers.in](http://www.hdwallpapers.in)



Photo source: <http://wall.alphacoders.com>

### The 10-percent myth

‘It is estimated most human beings only use 10 percent of their brain capacity. Imagine if we could access 100 percent. Interesting things begin to happen.’ - Morgan Freeman in *Lucy*.

Nevertheless, there is criticism of this idea. Some neuroscientists argue, ‘People like to believe the 10 percent myth so they can blame their shortcoming on supposedly useless parts of their own brain.’

Transcendent, heroic, extraordinary... Those are the adjectives that can describe both movies. Whatever you can think of about supernatural power, you can find it in them.



### Humanity

Both movies want to infer the truth of our humanity by means of supernatural brainpower. Concerning this, *Lucy*, which features a 4<sup>th</sup> dimension of time, obviously goes one step further than *Transcendence*.

Photo source: <http://wall.alphacoders.com/>





Editor: Nicole Lau 5A    Reporters: Amy Fung 2E, Yinok Hui 2E, Helga Ng 5A, Ruby Zhang 5A

Arctic

### Mr. Frankie Chan

Mr. Chan recalled joining a small tour organized by the local people in Iceland. He found out on the journey that his tour guide was a master's degree holder but chose to quit his high salary job as he enjoyed being a tour guide.

Before his trip to Iceland, Mr. Chan was actually planning to become an accountant in London. After that, he decided to pursue what he really wanted. Now, he has become a teacher in BHJS and is glad that he has made the right decision. Mr. Chan's trip reminds him, and us, to always follow our dreams.



Iceland

## Iceland, Europe

### TRAVEL TIPS FOR JUBILEANS

- ◆ Don't over plan a trip.
- ◆ Enjoy the local culture.
- ◆ Be safe and take care of your belongings.

Pacific Ocean

## Tunisia, Africa

Tunisia



### TRAVEL TIPS FOR JUBILEANS

- ◆ Travel with more friends and avoid night trains.
- ◆ Travel as much as possible when you are still young.
- ◆ Do not limit yourselves to Japan and Korea. Try to explore more on other continents, such as Africa and South America.

### Ms. Sy Chun May

Ms. Sy recommended four places for us to visit - Poland, Cappadocia in Turkey, Munich in Germany and Tunisia in Africa, where one of her most unforgettable travels took place. She remembered being bullied by about ten local teenagers when she and her friends took a night train to Tozeur in Tunisia. She was frightened by the teenagers when they shouted and threw rubbish at them. However, she added that Tunisia was a place worth visiting despite this terrifying experience.

# Unique Travel

# ★ Experiences ★



Arctic Ocean



# Cambodia, Asia

### TRAVEL TIPS FOR JUBILEANS

- ◆ Do research more about your destination before going.
- ◆ Explore more, instead of going shopping all the time.

### Ms. Chan Mei Ying

Ms. Chan went to Cambodia for volunteer work during the Easter holidays in 2012. She visited an orphanage where many children were suffering from AIDS. Although AIDS was still an incurable disease, the underprivileged children didn't give up and faced their misfortune with optimism.

Through the trip, Ms. Chan learnt that we should cherish what we have and not to complain about what we don't have because we are blessed to live in Hong Kong where our living standard is much better.

ia

Cambodia

Kenya

### Ms. Lam Ka Ying

Ms. Lam is interested in nature and wildlife, so she decided to watch the famous animal migration in Kenya, Africa last year. She recalled at the time she was riding in a car, the lions seemed to have got accustomed to the human beings around them. It showed that too many local tours were arranged in the region and the natural habitats of the wild animals have been affected.

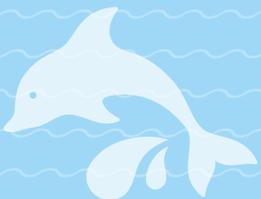
From the trip, Ms. Lam learnt that we should protect wildlife and our environment if we don't want to see more species face extinction.



# Kenya, Africa

### TRAVEL TIPS FOR JUBILEANS

- ◆ Be careful of what you eat and drink.
- ◆ Don't drink the tap water.
- ◆ Get the appropriate vaccinations before going.





Editor: Tiffany Poon 4D     Reporters: Valerie Au 4D, Annie Ng 4D, Stephanie Chan 4E, Adrian Wong 4E

# Exchanging Learners with St. Mark's School

**Sy Ying Ying**

**F.4 student from St. Mark's School**

Time flies. A five-day exchange programme finally came to an end. Although it was just a very short period of time, I have got a memorable experience and built a strong bond with fellow Jubileans. I would like to say a massive thank you to all Jubileans and teachers for their great care.

**Deanna Lai**

**F.4 student from St. Mark's School**

Jubileans were quite introverted at first, but to my surprise, they became really talkative after mingling with them for a few days. Thank you for the nice, caring, and affable hospitality of all teachers and students. The five-day exchange programme will remain evergreen in my memory.



Our school participated in an inter-school exchange programme with St. Mark's School Exchange Programme so as to broaden students' horizons and widen their social circles. From 4 to 10 March, 31 representatives from both schools studied in the partner school to engage in the fresh learning culture and atmosphere. Having jumped out of their comfort zone, splashes of glittering memories were their best reward.



# Living Culture



## Cathy Tong

### F.4 student from BHJS

I enjoyed the time staying in St. Mark's School as the students there were very nice and took the initiative to approach. It was also a precious learning experience which allowed me to interact with students from another school and make friends with them.

## Gary Tang

### F.4 student from BHJS

The St. Mark's School students were so extremely hospitable that I really felt embedded into their warm family, who joked around with me during the short five day programme. This scheme has broadened my horizons and helped me understand the strengths and shortcomings of our own school.

## 陳寶霖 Bobo

不經不覺，在銀禧已度過7個月了，相信不少同學都在校園跟我碰過面，但對於我的身分不太清楚，請容許我在這裡自我介紹一下。



大家好！我是陳小姐，是學校的輔導組助理，協助舉辦不同活動和功輔班，期望能幫助同學健康正面地成長。而同時，我也在中大兼讀社工系的課程，努力裝備自己，在將來成為一位能幫助有需要人士的社工。

在校園中，我有很多寶貴的機會去了解同學的需要和困難，也讓我看到你們很多才能和可愛之處。我很享受跟每一位同學相處的時間，與你們談天說地，與你們一同溫習，與你們一同遊戲，與你們一同分擔喜與悲，對我來說都是很美好的時光，盼望未來能在校園中與大家分享更多，一同開開心心地成長。



## What are different between BHJS and SMS?

by our frontline exchange students

	BHJS	SMS
Campus	<ul style="list-style-type: none"> <li>• A unique U-shaped design enables everyone to watch each other's actions, thus creates a sense of geniality.</li> <li>• The roof garden on 5/F becomes a 'private' lookout for Jubileans.</li> <li>• The tuck shop is so 'hidden' in a corner that some exchange students weren't aware of its existence until their fourth day here!</li> </ul>	<ul style="list-style-type: none"> <li>• Campus area is relatively larger than that of BHJS.</li> <li>• Concrete walls inside the campus build up an invisible barrier and the atmosphere is less intimate.</li> </ul>
Learning	<ul style="list-style-type: none"> <li>• Harmonious learning atmosphere.</li> <li>• Liberal Studies is taught in Chinese.</li> <li>• A lesson lasts for 55 minutes.</li> </ul>	<ul style="list-style-type: none"> <li>• Interactive and enthusiastic classroom.</li> <li>• Liberal Studies is taught in English.</li> <li>• A lesson lasts for 35 minutes.</li> </ul>
Difficulty level of homework and quizzes are similar.		



# Photo

## Oscar Chen 3C



*Long last the spirit of the Umbrella Revolution!*



*A vast expanse of blue*



*A cute girl with chubby cheeks*

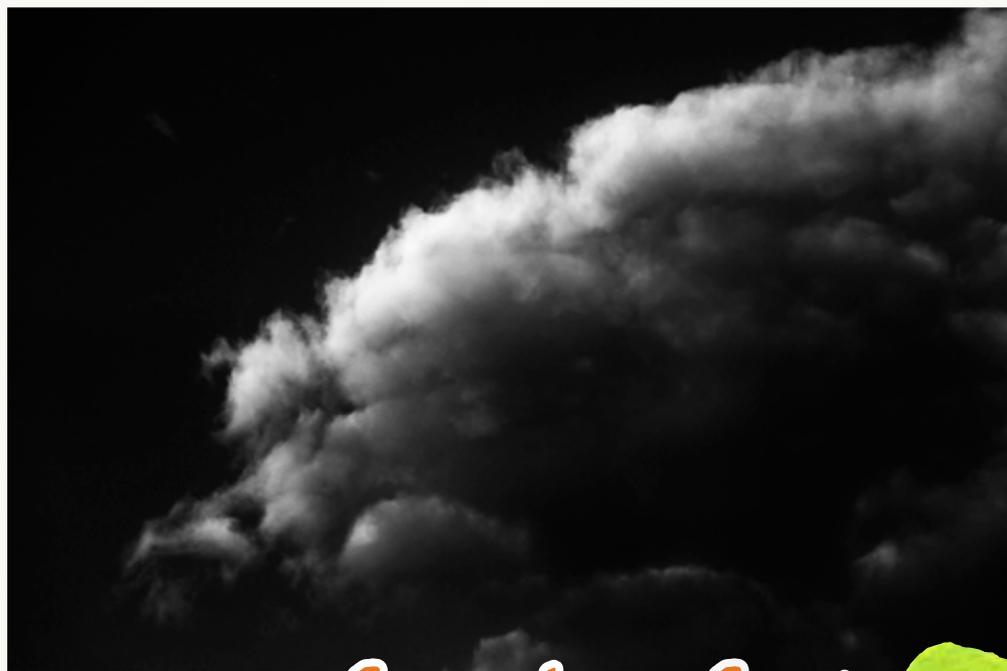


*Look! A blue dinosaur roaming the sky!*



# ography

Bryan Li 2C



Expose Inner Emotions





# Artwork



**5E Kong Yan Ying**

I really love puppies and I hope that I can adopt a puppy one day. This painting features my imaginary puppy. I have employed techniques to achieve a 3D effect.



**5B Sharon Li**

My artwork was inspired by the wretched situation of child soldiers in the world. Behind the boy, there is a dull scene with blurred shadows of some joyful children playing with their peers. This scene may be the memory of the child soldiers or just a fantasy. Playing is the intrinsic right of children. Yet for child soldiers, it is an unachievable dream. Reigniting concerns over child soldiers is the aim of my painting.

# Blessing of Being Shortsighted



by Charlotte Chan 2A

With shortsightedness and astigmatism, I cannot see things clearly without my glasses. This may bring a lot of inconvenience to my life but I can feel a different world at night.

I always look out of the window with my glasses off at night. Although I can only see a lot of coronas, it is still very interesting to me. Some images are like fireworks; some are like plant cells with a blurred side; some are like small dots with a lot of diffuse lines. When a car passes by, the headlights of the car merge with the shadows of the trees, creating a mysterious effect.



Some may think that shortsightedness brings about a lot of trouble but I do not think so. I just think that it is another way to see our world. I am really grateful that I can have this 'special' ability.



## Explore the heart of city

by Yeung Cheuk Kiu, Debbie 5D

Amidst the multi-million dollar luxury apartments in Hong Kong, a variety of inhumane housing plagues the city.

Kwun Tong is an aged district where brand-new malls and well-known enterprises have moved in. When you stroll along the street, you will be attracted by the sparkling signboards and amazed by the bustle of life there. However, these are all illusions. The dark side of it is hidden. Today, I saw wooden planks used to divide rooms from neighbors and narrow corridors which only allow one tenant to pass through. The smarter ones purchase a double bunk bed. Dwellers try their best to squeeze out space by hanging clothes and cupboards on pipes and ceilings.

Not everyone is fortunate enough to possess a sweet home. In reality, how lucky you are if you are able to afford a better living quality instead of a filthy 'house'. The skyrocketing housing prices are trapping the needy in crowded subdivided flats and cages with poor ventilation. Can the government help the poverty-stricken to make a better Hong Kong? Without a proper home, we can hardly fathom harmony.



# Cash *or* Conscience?

by Valentina Chiu 4D

‘You better watch out, you better not cry...Santa Claus is coming to town.’ This is my favorite Christmas carol. When the song is aired on the radio, I always sing along.

I love Christmas, but I never believed in Santa. However, this Christmas Eve, Santa seemed to have paid Hong Kong a visit with an extraordinary surprise...

My name is Alexis. I’ve been working as a street cleaner working in Wan Chai for two months. Today as usual I started my work at dawn. What a hard job! But raising my head, I saw the sun smiling at me. Hmm, nice weather!

Stealthily and nimbly, I moved towards a bush near Gloucester Road. I looked at my watch-2 p.m. ‘Action!’ My deep, magnetic voice passed through the walkie-talkie. To my delight, those “Pandora’s boxes” dropped off from the cash-in-transit van, without a hitch.

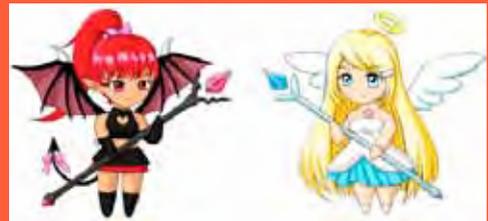
The big fish finally took the bait. I jumped out of the bush, my heart pounding loudly in my chest. Looking at the banknotes on the road, I was panting heavily. I must grab as many as I could!

‘Taxi!’ I waved my hand. After getting into the taxi, I heaved a sigh of relief and grinned. That’s right. I’m no ordinary street cleaner. In fact, I hatched this clever plan a long time ago. Of course, there was no way I could execute the plan by myself. So I made an alliance with my former colleagues. The code word of our action was ‘Santa’.

Surfing the Net at home, a piece of hot news caught my sight. I was frozen. The police had

released some drawings of the suspects in the spilled cash incident. Luckily, none was me or my ‘in-boys’. However, I still had a serious internal struggle. Given the great risks, should I keep the money?

I didn’t sleep well that night. There were various kinds of weird dreams. It was totally a torture! In one of the dreams, I was chased by a gang of skeletons which were wearing handcuffs! Maybe God was trying to tell me something, maybe. It wasn’t a good omen. Perhaps losing money that didn’t belong to me was better than losing my freedom.



‘Thank you for your cooperation!’ After a long conversation, the police officer let me go. I can finally have a good night’s sleep tonight. Although I have lost the money, my most precious freedom is still with me. I’ve learnt a lesson.





# OUR CHEERS



Prize-winners in various speech and arts competitions (inclusive of Cantonese events at the Schools Speech Festival) have been congratulated in previous issues.

## Academic & Speech Awards

### 中國中學生作文大賽

4E 洪達鏗

恒源祥文學之星：一等獎（全國賽區）

旭日文學之星（香港賽區）

### 2014-2015 第六十六屆香港學校朗誦節（中文粵語組）

中五級女子詩詞獨誦

5D 楊嘉愉

冠軍

### 66<sup>th</sup> Hong Kong Schools Speech Festival 2014-2015

F.3 Girls English Solo

3C Cheung Man Ying

First

F.5 Girls English Solo

5A Suen Yan Tung Ivy

First

5E Tong Tsz Ki

First

### 2014-2015 第六十六屆香港學校朗誦節（中文普通話組）

中一、中二級女子普通話詩詞獨誦

2A 陳潔怡

冠軍

中三、中四級女子普通話詩詞獨誦

4C 陳凱華

冠軍

中五、中六級女子普通話詩詞獨誦

5E 蔡錦娜

冠軍（榮譽）

中五、中六級男子普通話詩詞獨誦

5D 謝易庭

冠軍

中一、中二級女子普通話散文獨誦

2A 林秀婷

冠軍

中三、中四級女子普通話散文獨誦

4C 陳凱華

冠軍

中五、中六級女子普通話散文獨誦

5D 羅紀言

冠軍（榮譽）

### 2014 第四屆京彤杯中文誦讀比賽（中文普通話組）

初中級文言文

2E 陳綺淇

冠軍

### 2014 第七屆中華經典詩文朗誦大賽（香港賽區）

初中組詩詞（普通話）

2A 林秀婷

金獎

初中組散文（普通話）

3C 張惠顏

金獎

3E 方敏惠

金獎

高中組詩詞（普通話）

4C 陳凱華

金獎

### 2014 華文藝術節（中文普通話組）

初中組古詩獨誦

2E 梁嘉盈

金獎

初中組古詩合誦

2E 陳馨韻 2E 彭坤儀

金獎

1B 鍾文葆 1B 蘇梓傑

金獎

### 2014 年度香港國學藝術節（中文普通話組）

初中欄目主持

3A 廖悅彤

金獎

初中文言文

2A 林秀婷

金獎

初中繞口令

2E 陳綺淇

金獎



## HKSFF & Other Sports Competition

Inter-School Athletics Championships: Division Three (Area One)		
Boys C Grade (400M)	2A Luk Wai Tak	Champion
Boys C Grade (4x400M Relay)	2A Luk Wai Tak 2A Man Lok Hin 2C Wong Chi Yuen 2D Chow Long Him 2E Larm Guan Shing Moses	Champion
Girls B Grade (Long Jump)	4E Wong Wing Tong	Champion

二零一五仁愛堂跆拳道大賽		
男子搏擊組	4E 鍾卓恆	冠軍

## Arts and Other Performance

沙田戲劇匯演 2014-2015	中文話劇組	最佳舞台設計獎
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The 67 <sup>th</sup> Hong Kong School Music Festival		
Senior Mixed Voice Choir (Chinese Language)	School Choir	Champion

第 51 屆學校舞蹈節		
中國舞群舞「喜鵲」	舞蹈組	優等獎
中國舞群舞「紅燈籠」	舞蹈組	優等獎
中國舞三人舞「苗鈴」	4B 張希婷 4B 李芷維 4D 歐恬瑜	優等獎



*We take pride in announcing that there is a longer list of winners awarded second and third places as well as certificates of merit in various competitions.*

*Please feel free to visit our school website for the most updated information.  
(<http://www.bhys.edu.hk/>)*



# Student Union news

Hi Jubileans, this is *Utopia* again! Having organized events for about two-thirds of the school year, we are still coming up with new ideas for all of you. Just below is the timetable for our events in April and May and we do hope that you enjoy these delightful activities prepared by *Utopia*, your devoted Student Union! Photos of the Watermelon Competition and the Student Exchange Programme are posted for you to keep the fond memories of these events.

April	May
「百家懷布暖流浪」比賽	師說
Cooking Lesson	‘Old-song-new-lyric’ Competition
師說	Past paper Service
銀禧之最	
Singing Contest Group Semi-Final	Oxford Cup:
Oxford Cup:	Football
Badminton	Chinese Debate
Chinese Debate	



# Parent-Teacher Association news

Teachers and parents had a fabulous gathering on the PTA Day of 27 March, 2015. We invited a ‘full house’ of parents on the evening. First of all, our Chairlady Ms Kwok presented certificates to the parents who attended a one-day training course held on 10 December, 2014. After that, Ms Wong, our Principal, presented the Certificate of Gratitude to the parent helpers who have rendered support to our various activities. We are so grateful that parents of graduated students always come back to help. The highlight was the “Parents-

Also-Appreciate-Teachers” Programme. We prepared a steamer for all teachers this year. Ms Kwok and the PTA committee members presented a bag of pineapple rolls and “Parents-Also-Appreciate-Teachers” certificates to the Principal, the Assistant Principals and each of the teaching staff. After those wonderful moments, parents were invited to meet their children’s form teachers in the classrooms.

The PTA also prepared some starfruits for teachers to enjoy in the common room.

I was not  
born to *myself*  
alone.



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